

## EISM SPORT



At Tintern Grammar, we recognise the value of sport as a vital part of a balanced education and offer a wide range of sports, with first-class facilities on campus. Participation, teamwork, healthy competition, striving to improve on a personal best and developing leadership skills are all benefits offered by sport.

Students can take part in mixed sporting activities, whilst some are gender-specific. Whatever their interest and level of fitness, we encourage students to participate and seek to push their boundaries. By doing so they can learn the important lessons derived from achieving personal goals.

Tintern Grammar holds annual inter-house sport carnivals including Swimming, Athletics and Cross Country. The School is a member of EISM (Eastern Independent Schools of Melbourne) and students are able to compete in sporting carnivals, as well as mid-week competitive sport. Competitive sports take place during the school week, so students are able to keep weekends free for family, friends, club-based sport and other personal pursuits.

In addition to the competitive sport program, the school also offers Swimming Squad, Athletics and Cross Country as well as Equestrian and Snowsports.

### EISM SPORTS BY TERM

#### Term 1

Year 8/9 Girls	Year 8/9 Boys	Senior Girls/Boys
Softball	Softball	Basketball (A&B)
Basketball (A&B)	Basketball (A&B)	Softball
Tennis	Tennis	Cricket (20/20 & Super 8's)
Touch Rugby	Touch Rugby	Soccer (Girls) / Hockey (Boys)
Indoor Soccer	Indoor Soccer	Table Tennis (A&B)
		Ultimate Frisbee
		Tennis

### EISM GROUP MEMBERS

- Alphington Grammar School
- Aquinas College
- Bialik College
- Billanook College
- Donvale Christian College
- Eltham College
- Emmaus College
- Huntingtower
- Kilvington Grammar
- The King David School
- Kingswood College
- The Knox School
- Luther College
- Mount Lilydale Mercy College
- Mt. Scopus Memorial College
- Nunawading Christian College
- Oakleigh Grammar
- Oxley Christian College
- Plenty Valley Christian College
- Melbourne Rudolf Steiner School
- Tintern Grammar



## SENIOR SPORT

Sport is compulsory for Years 10 and 11 and optional for Year 12s. The students participate in Interschool Sport Teams or Recreational sport activities such as Yoga, Boxercise, Spinning, Swimming and more. A gymnasium (treadmills, weights etc) is open two mornings a week for senior students. Senior Sport (Years 10-12) takes place on Wednesday afternoons.

## COMPETITION TIMINGS

- EISM Division 1 Swimming is in March each year.
- EISM Athletics is in May each year
- VSAC swimming competition is in May each year
- EISM Cross country is in September each year

## EISM SPORTS BY TERM

### Term 2 & 3

Year 8/9 Girls	Year 8/9 Boys	Senior Girls/Boys
Football	Football	Football
Soccer (Boys) / Hockey (Girls)	Soccer (Boys) / Hockey (Girls)	Volleyball (A&B)
Volleyball (A&B)	Volleyball (A&B)	Netball (A&B)
Badminton	Badminton	Soccer (Boys) / Hockey (Girls)
Indoor Cricket	Indoor Cricket	Badminton
		Touch Rugby

### Term 3

Year 7 Girls/Boys	Year 8/9 Girls/Boys
Football	Football
Netball	Soccer (Boys) / Hockey (Girls)
Volleyball	Volleyball (A&B)
Table Tennis	Badminton
Touch Rugby	Indoor Cricket

### Term 4

Year 7 Girls/Boys	Year 8/9 Girls/Boys
Indoor Cricket	Cricket (Super 8's)
Basketball	Soccer (Girls) / Hockey (Boys)
Soccer	Netball (A&B)
Hockey (modified)	Table Tennis
Ultimate Frisbee	Ultimate Frisbee